

PEOPLE BINGO

Initiate Conversations: Find common connections and learn new things. Push through any hesitation and be open to starting conversations with others. A simple smile or friendly conversation can go a long way. You can strengthen personal connections and positively influence others. Assume that people like you — they probably do!

To fill your People Bingo card, find someone in the group that identifies with a statement box on your sheet. Write their name in the corresponding box. Each person can only fulfill one box on your sheet. You can sign their card for a statement box that you identify with too! When you have filled all the boxes, shout “BINGO!”

Loves to draw or paint	Has more than 3 siblings	Plans vacations years in advance	Enjoys the beach	Thinks the book is always better than the movie
Enjoys eating leafy greens	Checks in with friends	Early bird	Exercises at least twice a week	Enjoys singing
Loves to cook healthy dishes	Goes all out to celebrate birthdays	FREE SPACE	Practices mindfulness	Loves to read non-fiction books
Considers tomatoes a fruit	Has more than two pets	Has visited at least one national park	Enjoys going on hikes	Adds more garlic to recipes than called for
Engages in self-care	Prefers calls over texts	Practices gratitude	Bikes at least once a week	Prefers iced drinks over warm drinks